

## BODY THERAPY MASSAGES

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### BACK, NECK & SHOULDER MASSAGE

**R500/45mins**

This massage is designed to relieve tension that builds up in the head, neck, shoulders, upper and lower back.

### HOT STONE BACK MASSAGE

**R550/45mins**

Using hot volcanic stones to concentrate on the back, neck, shoulders, lower and upper back.

### INDIAN HEAD MASSAGE

**R500/45mins**

Combining massage movements and pressure point therapy on the head, face, neck & shoulders.

### FOOT MASSAGE

**R500/45mins**

Relax and balance your body through pressure points situated under the feet. It detoxifies, relaxes and increases circulation.

### SWEDISH FULL BODY MASSAGE

**R650/60mins**  
**R850/90mins**

This massage eases tense muscles. A medium pressure is used to provide relaxation.

### HOT STONE THERAPY MASSAGE

**R700/60mins**  
**R900/90mins**

Soothing and relaxing massage using hot volcanic stones. Has a deep healing effect on the body.

### AROMATHERAPY FULL BODY MASSAGE

**R700/60mins**  
**R900/90mins**

A blend of essential oils is used to bring balance to the mind, body and spirit.

### DEEP TISSUE FULL BODY MASSAGE

**R700/60mins**  
**R900/90mins**

A deep pressure is used to relieve tension in the muscles.

## FACIAL TREATMENTS

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### HONEY BUSH EXPRESS FACIAL

**R550/45mins**

An express treatment to cleanse the skin, remove dead skin cells and moisturize the skin, leaving it refreshed and supple.

### DELUXE BESPOKE FACIAL

**R850/75mins**

We will tailor the products used depending on your skin's needs. This deluxe facial includes a pampering head massage. The whole range of products is available for this treatment.

### ANTI-AGEING BOOSTER FACIAL

**R760/60mins**

An organic phyto acid, L-ascorbic treatment for visible firming, brightening and skin rejuvenation with a added gel to stimulate collagen and elastin production while reducing the appearance of fine lines and wrinkles.

### DEEP CLEANSING FACIAL

**R700/60mins**

A deep exfoliating treatment which balances and purifies congested skin; heals and repairs oily skin.

## HAND, FOOT & NAIL TREATMENTS

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### LUXURY MANICURE

**R550/75mins**

Consists of a cut, file, buff, cuticle work and varnish with a luxury hand scrub. Includes a 25 min pampering hand massage.

### LUXURY PEDICURE

**R600/75mins**

Consists of a cut, file, buff, cuticle work and varnish with a luxury foot scrub. Includes a 25 min pampering foot massage.

## BODY SCRUBS & WRAPS

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### DESERT GLOW BODY TREATMENT

**R650/50mins**

A full body exfoliation and clay mask to remove dead skin cells and to cleanse, detoxify and firm your body from head to toe.

### DESERT GLOW JOURNEY

**R1250/110mins**

The desert glow body treatment followed by a full body massage with a personalized blend of an aromatic massage medium to complete your journey.

## SPA PACKAGES

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### HEAD IN THE CLOUDS

**R1050/90mins**

A foot cleanse ritual with a sugar buff and botanical oils followed by a:

- 30min Rebalancing foot massage
- 30min Indian head massage
- 30min Aromatic back, neck & shoulder massage

### BEAUTY BLISS

**R900/90mins**

- 30min Express facial
- 30min Express manicure
- 30min Express pedicure

### SPA TASTER

**R750/60mins**

A back, neck and shoulder massage to help relieve tension in the head, neck and shoulders followed by an express facial, leaving the skin nourished and revitalized.

### FIRST IMPRESSION

**R1500/150mins**

A head to toe treat, giving you a good taste of a spa pamper day:

- 60min Facial
- Swedish full body massage
- Express manicure OR pedicure

#### AFTER HOURS / OPERATING HOURS:

Monday - Friday:	8am - 6pm
Saturday:	8am - 6pm
Sunday:	8am - 4pm

\* After hours fee R100 per hour  
Prices are subject to change



MOBILE BEAUTY  
*to you*